



**RED MOON School of Empowerment  
for Women and Girls™**

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Welcome to the **Inner Maiden Healing - Certificate Training!**

**This training is for women who wish to:**

- \* Reclaim their cycle as source of inner guidance and spiritual renewal
- \* Renew Coming-Of-Age & Rites of Passage traditions in current cultures
- \* Become facilitators of the Red Moon Method to empower today's women & girls!

**Menstruation as a spiritual journey  
is last uncovered frontier in personal growth and spirituality today!**

**Based on DeAnna's Menstrual Empowerment work, developed over 20 years  
of working with women & girls around the world.  
The Red Moon Method meets women's needs where psychotherapy, feminism,  
and women's spirituality leave off!**

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~ "What a transformation! To come back to my body, spirit and soul... You have given me insights to connect with myself, as well as my mother and my daughter! I hope women around the world will come to experience such connection and transformation.  
Thank you with all my heart!" ~ Ilke Sternberger, Doula, Teacher, Los Angeles, California

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~ "This is the most important work a woman can provide for herself. My relationship with my body and my cycle has completely transformed thanks to DeAnna and the Red Moon training. I've gained a deeper understanding and appreciation of the challenges, gifts, beauty, and power of our womanhood."  
~ K. Hill, M.A., Psychotherapist, Oakland, California

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~ "I used to take up to 20 pain-killers per period. Working with DeAnna I have totally turned around my perception of my body, my flow and my spirituality. I now feel myself to be a blessed and beautiful woman. I am grateful." ~ S.M. Herbalist, Australia

**It is a delight to welcome you to this journey...  
In the following pages you will find:**

- **Training description** . . . . . page 2
- **The specifics** (dates, time, fee) . . . . page 4
- Link to training's **Registration Page** . Page 5
- **Registration Form** . . . . . page 6

## **Inner Maiden Healing - Training Description**

**This work has been feeding my soul for over two decades...**

**It is deeply rewarding to work with women around the world, and see how the Red Moon healing balm soothes women's core beyond cultural, religious, racial, political, or upbringing differences, leading us toward finding our deepest bond as cycling women, and spreading empowerment to women & girls everywhere!**

**I invite you to take this journey as a gift to yourself, and to the world...**

### **In This Training You Will:**

- \* Release cultural negativity about menstruation (which may be lodged in your body since adolescence)
- \* Receive the Coming-Of-Age experiences you always wanted
- \* Dissolve PMS symptoms
- \* Integrate your Inner Maiden as the fearless initiator, risk-taker, spontaneous, care-free aspect of your womanhood
- \* Deepen trust with your daughter (or the girl in your life)
- \* Learn facilitation, group leadership, and marketing skills

### **Training Includes:**

- Learning to use your cycle as a inner guidance (rather than be at its mercy)
- Spiritual, emotional, and physical aspects of menstruation
- Healing your Inner Maiden (the girl coming-of-age inside every woman)
- Reclaiming menstruation as celebrated in indigenous cultures around the world
- Shamanic trance journeys
- Integrating all parts of your womanhood into a whole
- Empowering women & girls in your community

### **Training Structure:**

- Sessions are held over the phone (*you can attend from anywhere in the world!*)
- 12 sessions, delivered every other week, over 6 months
- Each session lasts 75 minutes (an hour and a quarter)
- Email support, notes, and preparations are provided between sessions
- All sessions are recorded and down-loadable to your computer

### **Licensing Option:**

You can take this training as a Personal Growth journey, or as the foundation to becoming a licensed Red Moon Facilitator.

### **Licensing Requirements:**

- Completing 12 Inner Maiden Healing training sessions with DeAnna L'am

- Organizing an Inner Maiden Healing workshop in your area, that DeAnna will travel to teach, which will serve as your **Practicum**.
- **Students outside the U.S.A.:** I typically travel to Europe every summer, and facilitate Inner Maiden Healing workshops organized by graduating students, as well as offer other Red Tent workshops).

### **Facilitating Inner Maiden Healing Workshops:**

Once you and DeAnna both feel that you are ready to facilitate your first Inner Maiden Healing Workshop by yourself(\*), you will need to:

- Sign an Inner Maiden Healing - Facilitator Licensing Agreement
- Purchase DeAnna's Inner Maiden Healing Curriculum for a one-time fee
- Purchase 1-hour supervision with DeAnna following each of the first 4 Inner Maiden workshops you facilitate (more if needed)
- Stay connected with Red Moon and DeAnna as a Certified Facilitator

DeAnna wrote 3 different curriculums: *Inner Maiden Healing* is the foundational curriculum. Once you are certified, you can choose to purchase one, or both, other curriculums, for a one-time fee each, and start offering them in your community. The curriculums are: *Mother Daughter Tent Retreat* and *Red Tent Girls' Sleepover*.

(\* ) If you are Not ready to start facilitating after you completed this training, and participated in an Inner Maiden Healing workshop that DeAnna facilitated – you can either contract with DeAnna to receive individual sessions to help you hone your skill, or decide to wait with facilitation until you are ready in future, and re-connect with DeAnna at that time in order to move forward.

**Women and girls around the world are thirsty for this work,  
and we need more certified women to facilitate it!**

When you graduate, you will join a cohort of amazing women:

**Graduates of the Red Moon School Of Empowerment for Women & Girls,  
currently in Spain, Israel, Germany, Italy, Canada, and the U.S.A.**

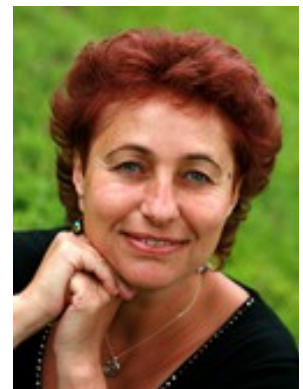
Please scroll down to read the **Specifics** (page 4) and fill the **Registration Form**

**I can't wait to share this empowering, life transforming journey with you!**

**With many blessings ~ DeAnna**

**Facilitator** – DeAnna L'am (B.A.) speaker, coach, and trainer, is author of *Becoming Peers – Mentoring Girls Into Womanhood*, and 'A Diva's Guide to Getting Your period'. She is founder of *Red Moon School of Empowerment for women & Girls™*, and of *Red Tents In Every Neighborhood*.

DeAnna's pioneering work has been transforming women's and girls' lives around the world for over 25 years. She specializes in empowering women to reclaim their cycles as inner wellsprings of wisdom, intuition and spiritual guidance; inspires mothers to become empowering role models for their girls; and trains women to hold Red Tent in their communities. Visit her website at: [www.deannalam.com](http://www.deannalam.com)



## The Specifics:

**Course duration:** 6 months (*12 sessions every other week*) September 2016 – March 2017

**Sessions Duration:** **75 Minutes** (*one hour and fifteen minutes*) per session

### **Starting date:**

**Wednesday, September 21, 2016**

### **Time:**

**U.S.A. - Noon Pacific/1PM Mountain/2PM Central/3PM Eastern**

**U.K. – 20:00 ~ Spain/Germany/Italy/France – 21:00:00**

**Sydney, Australia – 6AM, Tuesday**

(\*) For your specific time zone, please check here: <http://www.timeanddate.com/worldclock/>

### **Course dates, 12 Mondays:**

**2016:**

**September 21**

**October 5, 19**

*(\* please note: 4 weeks break here)*

**November 16, 30**

**December 14, 28**

**2017:**

**January 11, 25**

**February 8, 22**

**March 8**

**A note about finances:** Money has the capacity to scare us, and stop us on our tracks. Please consider this journey not as a financial adventure (*which it isn't*) but as an adventure of the heart and soul, designed to help you find the last missing pieces of your womanhood's jigsaw puzzle, to empower you beyond what you thought possible, and equip you to bring inspiration and empowerment to women and girls in the world! **If this is your calling – listen to it, and come on board! The world is waiting for you...**

**Fee** - \$249.00 per month (for 6 months)

or: pay in full and receive 10% discount

**Deposit** – A non-refundable deposit of \$100.00 is required to secure your space in this training. Please send your payment to PayPal account: [lam@sonic.net](mailto:lam@sonic.net)  
Deposit **will apply** toward your tuition fee.

**Payment** – Your first monthly payment (minus deposit paid) is due on (or before) September **1<sup>st</sup>, 2016.**

Thereafter you will be invoiced monthly. If *you choose to pay in full* and receive a 10% discount - your full payment is due on **September 1st, 2016.**

**All payments are made via PayPal**

**A powerful group of women  
is gathering from around the world -**

**Are you ready to join us?**

**Here are the Next Steps:**

**1) Fill registration form on the following page**

**2) Register online:**

<http://www.deannalam.com/inner-maiden-registration/>

**How to fill the Registration Form on next page:**

- 1) COPY & PASTE Registration Form to an Email**
- 2) Fill-in your answers**
- 3) Return to: lam@sonic.net**

*Please Scroll to Next Page  
To Find Registration Form*

**Inner Maiden Healing - Certificate Training**  
**Registration Form**

If you can't fill this form in a PDF format:  
**Please Copy & Paste this entire page into an Email,**  
**Fill-in and return to [lam@sonic.net](mailto:lam@sonic.net)**

First name:

Last name:

Email address:

Phone number:

Street address:

Birth Date:

Where did you hear about this training?

Please attach extra sheets of paper to answer the following questions:

My relationship with my menstrual cycle?

Why am I interested in this training?

What do I bring to this training?

What would I like to receive from this training?

What am I committing to, for the duration of this training?

My visions and intentions about myself once I complete this training?

**Thank you!**

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**Once your Registration Form and Deposit are received,  
you will be sent a Registration Package  
with preparations for the journey, and a recommended reading list.**

**I truly hope you will join us!**

**With all my blessings,**

*DeAnna*

~ **Here is the link again to the Online Registration Page:**  
**<http://www.deannalam.com/inner-maiden-registration/>**